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Daily Drills List

By

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Active Drills-Vocab. Level 1

Dictionary Grab
Alphabet Grab – letting letters all around stimulate word flows
Word Flow-Simple: or on concrete subjects like forges
Word Flow-Favorites: in sound, meaning, culture, texture "Caliope, snorkel, etc" (these are ingots)
Word Flow- Rhythm: See "Sultry Whaht Lady's Blues" a flow of bouncy, rhythmic words
Word Combos Flow
Word Combos – Opposites "Gloriously Awful" "She sweetly savage"
Banish/Vanish Flows-words with connotations
Word Splatters
Wills skills: Adverb-It, Noun-It, Adject-It, Prefix-It, Suffix-It
Long Vowel Sounds Combos – "These Mortal Eyes"
Alien Words/Alien prefixes and Suffixes - "The Hmong" sounds like from another planet, Nor*wich*

Active Drills- Vision Emphasis is on visual or senses: Nature Description "Snail Slime Slow"

Active Drills –Sentence/Grammar Level
Sentence Diagramming
Encoiling - Insertion of Complexity into a Simple Sentence (use whole page)
Enjambment Drills
Doing Workbooks on Grammar
Note-Taking on Works of Shakespeare (Project)
Connections: Practice using Conjunct, etc to join phrases together
Gerund Drills: Using Verbs as gerunds and then as subjects
Timing effects: Use of other tenses, Past Perfect, Past
Prepositionalizing: Insertion of Prep. Phrases for eloquence
Insertion of fillers: for rhythm and subjective interpretation, humor

Active Drills-Vignette Level Vignette is a short piece, often with a theme, to practice various effects:
Character Vignette- Description of a person "Nic Called Tidbit", "Mac Truck Driver's Sonnet"
Parallel Writing of DS, Pieces – whether or not used is very stimulating
Imitatation of a small piece of writing from Literature or my **Exampling Book (a collection of the finest sentences out there)**
Poetic Device Drill: Using a device such as metonomy, imitate and practice it
Dialect Drills: using the jargon, dialect of a distince culture: Celtic, Jazzy/Blues, Maritime,etc
Repetion and Duals: Psalm 91, 1Cor13, etc
MUPs Vignette: 1. Lack of particulars ("She of the Deep") 2. Use of Passive Tenses ("They were here")
Sly Observations: Like Don Quixote, Arabian Nights - for humor and discarding of cheap nostalgia

Active Drill: Story Telling Level-Often done as Vignettes that are parallel writing a story and often get used in story
Dynamic Story Telling: Often use of Imagery/Action/Dialogue to tell a segment of story powerfully – Tell All Tavern, Use of Elephants in Movie Elephant Man. Needs to be balanced with narrative.
Lucid Dreaming: To help construct story
Intense analysis of moment by moment action (in Pieces) **Presence in Story**
The Creation of Splendid Conflict for story action, suspense. Using AOW Essay style can analyze to find conflict.
Dialogue Practice: Getting a character who I am really writing like Jack to speak to **someone in conflict**
Intertextuality: What is the literary body of work provide me with to write this better?
Mythic/Classic Structure: Using Intertextuality, how can structure help create better story?

AOW Essays: Active Support on all aspects of Writing, Spirit, Journal, etc

Passive Drills Often done first

Passive: Input and Support
Reading of My Journal
Reading of Intertextuality, Mythic Structure – Other Commentaries on Literature, Cliff Notes
Reading of Bible, Shakespeare, other excellent works
Reading of Grammar Bible
Reading Books on Poetry
Reading of Writer's Support Books, The Creative Life, etc
Reading of Writing Magazines, Books on how to write.

Passive: Listening and Input
World of Words: Building up of vocabulary, style and rich tastiness by reading works of cultures, encyclopaedias, Wikipediea
Listening to broken English for alternate phrasing style etc
Listening to movies for tight dialogue and structure
Listening to Radio for words

Resources for Drills: Very Often used right alongside as I am drilling

Dictionary/Thesaurus/Spellers
Rhyming Dictionary
Verb Conjugations Books
<u>My Own:</u>
Word Structure Chart
Word Map
Word Collections
Word Replacement Collections (replace common words/verbs like said, go, come,have, do, make,etc)
Exampling Collections

Intertextuality:

Foster's Important Book on this
Mythic Structure (Campbell)
Commentary on Literature
Cliff Notes
History Books
Wikipedia

Writing Life – Support of, Creativity

My AOW Essays
Coaching Artist Within
Writing on Both Sides of the Brain
Magazines on Writing

Word Usage Reminder - Shakespearean

Common Marks used a lot

/ Denotes concrete word use - like "Book where men read strange thoughts...eye, hand, serpant, flower (Lady MacB)

v Rhyming Couplet (under both words)

_ Underscore - to add to word collection

IP Iambic Pentameter, I4 Iambic Tretameter, I3 Iambic Trochameter

Abbr.	Technique	Example	Explanation/Notes/Hints
Alt.	Altering word use	----see below	See below
MES	Metaphor as Subject/Obj...	The hydrant likes to talk	Using symbols and poetic devices as subjects
-	Thing does action	The heart says no.	
Mut.	Mutant Verbs	Attent your ears	Using verbs in a tense not normally used
FS	Foreshortening	What up?	Cutting all extra words out
Contr'c	Contraction	T'bed now	Cuts down syllables, helps rhythm, adds olden feel
Prefix/	Prefixing/Suffixing	Unhand me!	Using prefixes/suffixes to alter a verb/word form
Suffix		Becalm the winds	

REF	Reference	Norway came	The King of Norway came is shortened. Makes you feel all of Norway came!
- ultracreate	Talking to Nouns/Verbs..	Fear go away	Gives a personality to a word..
Colorful possible	Colorful Verbs	Unsex me	Use active concrete verbs as
Order effect	Word Order	See Collection	Playing upon order for olden
Enjamb Play)	Enjambment	Go, not slowly, now!	Sandwhiching effect (Word Order
Puns	Puns	Kin but less than kind	Play upon words
Phrase as a noun	Phrase as a Noun...	A your-no-good look.	Using whole phrases as blocks
Olden hither, O	Ornate, Olden words	My once home Very becomming hair	Thou, thee, thou, thither,
Mut. Agrmt sentance agreement - esp. in ESL	Mutant Agreement	He got twenty car	(Ebonics) A play on not letting
Max Adj flair	Heavy Adjective Use	Worthy MacBeth	Adj used add very courtly
Courtly effect	Courtly Terms	My Lord	Adds respect and majestic

Axioms	Axioms Usage	See MacBeth p21	Pausing to examine a situation to reflect on the spirituality and truthfulness of it
Nurs.Rhyme	Nursery Rhymes	Hey Non-Nonny	Adds fun, magic of childhood
Prep as verb	Preposition as a Verb	Off with you!	A form of Alt (see below)
Alt spelling accent	Altering Spelling for effect	I am afeard	Gives a Celtic Sound, gives

Alt	**Example**	**Explanation**	**More Examples**
N~V	I've supp'd with horrors		
N~Adj			
N~Adv			
V~Adj			
V~Adv			
V~N	The horse has go	Go changed into a noun	
Adj~V	Best yourself	Adj Best made into a verb	
Adj~N			
Adj~Adv			
Adv~Adj			
Adv~N			
Adv~V	Costly thy attire	Adv used as verb	

Helps for ALT:

Suffixing/Prefixing: Put a THE in front of a word NOUNs it also A, AN, These, This (article use)

Put an ING after NOUNs it

Put He/She/it/to VERBs it

Put the word after a noun ADJECTIVES it

Put LY after ADVERBS it

Other suffix/prefixes: al, ing, s, es, ed, er, tion, ment, ous, ful, less, est, ness, age,be

Example how to alt the word "Quest" The Quest, questing, he quested, questman, quester, questly, enquested, bequested, question,

questionment, unquest,

<u>Word Order</u> (Tremendous Variety)

<u>Counterpt</u> <u>Reversing Order of Sentance</u>

My skin is black but the *color of my blood* is red..It is just like yours. 'Color of blood' is altered order - could have said blood color (Miss.Burning)

to fit pattern. Altering this order gives it counterpoint, musical order, then passage

resumes subj/verb order

*Helps - since WS has so much variety, for drills I pick out his sentences and copy the technique. I always drill using DS material, for practice. Keeps the writing actively involved in story

<u>Questionform</u> <u>Question form of Sentence</u>

Who is there that doesn't love an Anthony?

<u>Infinitiveform</u> <u>Using Infinitve</u>

To be or not to be

<u>Other Major UltraCreate Techniques:</u>

1. Combo word flow. Flow out an idea and combine it with other words to get a high creative effort.

2. Word Collection, Refering to - to stimulate active verbs, imaginative word use and large vocab, ideas. Uses recognition as memory/creative function

3. Rhapsody on Details..Making Poetry from Research. Using the very stuff of a scene, place in poetic, symbolic effect. For example:

He had the coldbloodedness of a horseman of Genghis Khan. (Caine Mutiny)

From The Right Stuff - the repeating weaving of metaphors of Righteousness, Flying, Flying and Drinking and not screwing up.

On *the night* using sailing vessels: "My Galleon sails a galaxy of silent stars.. moored eternally in nights solemn sanctuary

4. Changing voice of person - use of slang, and different sexing... Raymond Chandler tough talk

5. Active Story telling - (tape recorder usually). Sometimes go shopping for ideas. See storytelling techniques.

Storytelling Techniques

1. **Daydreaming out story** saves so much rewriting - but must be done with care to preserve emotions, must take tremendous number of notes. Must trust that the emotion will withstand the envisioning of it. Backside - lulls me to sleep often, actually dulls me if I don't sleep - only because of sitting still enough to envision it.

Best done while doing other things like walking, driving, shopping talking it out in recorder, crocheting - while keeping active basically. Was able to expand DS story to after my story ends. It further explored male character and was tremendously helpful - but I remember that it has its place and the mournful, regretfull first half is the written half that I have preserved for my full exploration and exposition of high flying emotion. Example - of Jack's social prowess and 'the boy's den' pool table hall, male bonding, male territory, aggression and balance with marriage. Ends DS on very wonderful tone.

2. **Use of opposing characters** - to create conflict - like Penny vs. Jack, Flo versus Molly

3. **Struggle of Character** - very important to drive to read, hunger to read more

4. **Show don't tell:** Adds power, reader engagement

   Dialogue - shows doesn't tell.

   Active description - shows doesn't tell.

5. **Poetic Narration** (Opening of DS) Adds artfulness of story - and emotion

6. **Research as a storyteller** - makes a scene have flavor and feel for time period - For example never forgot hazegray smoggy feel of 1970s fleet - yet same fleet was dominating the world - Research told me that (and memory) and research adds tremendous power to story as real. Also can be artful with details

   A. Actual research of time/place/

B. Genre research - what makes a seastory - a storm, a Captain, a sailor, struggle against the sea, etc. Must read Literature of that genre!!!

C. Looking for symbols in research, flavor, Poetry, Images

7. **AOW essays** - add motivation because I can see the high amount of artfulness that I am putting into the story

8. **Word Usage** - for DS using WS techniques, for MM use of ws also with Oriental expressions. See prev. section.